

# comPEte

## AT HOME

**SPORTS  
COACHING  
GROUP**

**ENJOY  
IMPROVE  
ACHIEVE**

**Inter-school competition**

**3 CHALLENGES  
EVERY 2 WEEKS**

**Compete against children  
in your school virtually**

**JOIN IN FOR FREE**

**TEST YOURSELF**

**Send Mr Raiswell your  
results via email with a  
chance to win a  
certificate and medal!**

**LEADERBOARDS**

**STAY ACTIVE**

For exemplar videos

<https://www.youtube.com/watch?v=bkB1DscHiIU>  
[https://www.youtube.com/watch?v=E3\\_wdlnEQvE](https://www.youtube.com/watch?v=E3_wdlnEQvE)  
<https://www.youtube.com/watch?v=1C1wbccUujs>

[sportscoachinggroup.co.uk](https://sportscoachinggroup.co.uk)

01270 449770

[graiswell@sportscoachinggroup.co.uk](mailto:graiswell@sportscoachinggroup.co.uk)

**TRY YOUR BEST**

